

# GOLDEN RAM AQUATICS

## “MINI MEET”

**FEBRUARY 11, 2012**

Held under the Sanction of USA Swimming Sanctioned by Middle Atlantic Swimming, Inc.  
Sanction # MA 1219 M

<b>LOCATION</b>	West Chester University, South Campus Pool South New Street West Chester, PA 19380  Day of meet ONLY emergency phone 610-436-2127 (pool office) or 484-883-7202 (Meet Director)
<b>FACILITIES</b>	Golden Ram Aquatics has a 6 lane, 25 yd. pool 8 ft. deep at both start and turn ends with Competitor Anti-Wave lane lines. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA swimming. Colorado timing equipment with a 6 lane scoreboard is utilized. There is a separate 6 lane warm-up pool. Seating capacity is 750. Ample, on-site parking is free. Refreshments and snack bar will be available during the meet. There will also be a hospitality room available for coaches, officials and volunteers working the meet.
<b>MEET DIRECTOR</b>	Beth Ann Carozza 484-883-7202 <a href="mailto:bacpc@comcast.net">bacpc@comcast.net</a>
<b>SAFETY DIRECTOR</b>	Costa Alvanos 610-331-8550
<b>OFFICIALS</b>	GRA Meet Referee is Brian Emerich. We welcome any certified officials interested in working this meet. Please call or email the Meet Director with name, address and telephone number and availability. Walk-ons appreciated.
<b>ELIGIBILITY</b>  <b>ATHLETES WITH DISABILITIES</b>	<p>This meet is open to all swimmers ages 8 &amp; Under who are currently registered with USA Swimming. Up until 10 minutes prior to the start of each session, unregistered swimmers may register on deck by turning in the form and payment to the Meet Director. The cost of registering on deck is \$60.</p> <p>The swimmer's age on the day of the meet governs age group participation for the meet. Swimmers may enter a maximum of 5 individual events plus a relay. The Freestyle Relay is a Crescendo Freestyle Relay. The relay may contain any combination of boys and/or girls but must have 2 swimmers ages 6 &amp; Under and 2 swimmers ages 7 and/or 8.</p> <p>Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.</p>
<b>ENTRY LIMITATIONS</b>	The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format to conform to Middle Atlantic rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund.
<b>ENTRY DEADLINE</b>	No entries will be accepted before 6 pm on Sunday, November 13 <sup>th</sup> , 2011 in order to avoid confusion with November meet entries. All entries must be received no later than 6PM on Thursday, January 26 <sup>th</sup> , 2012.  No early or late entries will be accepted.
<b>ENTRY FEES</b>	\$4.00 per Individual Event-\$8.00 per Relay.



<p><b>ORDER OF EVENTS</b></p> <p><b>WARM-UP &amp; START TIMES</b></p>	<p>All events are pre-seeded, timed finals. An Order of events page is included with this invitation which should be referred to for the Event #, swimmer's age and Event Name.</p> <p>Warm-Up is 11:30 AM and Start Time is 12:30 PM</p> <p>The warm-up period will be divided into 2 sessions. The warm-up schedule will be distributed on-site in the coach's packets. All entries during general warm-up must be from the starting end, feet first, in a cautious manner. NO DIVING off blocks or edge of pool during this time. During the last 15 minutes of warm-ups, the deep pool will be open for sprints. Racing starts only, swim one length of the pool and exit at opposite end. All starts during warm-up begin at starting block end. Absolutely NO DIVING in warm-up pool at any time. Swimmers violating safety rules will be removed from warm-up for the remainder of the warm-up session. Subsequent violations will cause the swimmer to be disqualified for the remainder of the meet.</p>
<p><b>SWIMMERS WITHOUT A COACH</b></p>	<p>Swimmers unaccompanied by a credentialed coach should report to the Meet Director before warm-ups. Meet packets for "non-coached" swimmers will be available at the programs table. Warm-up times for "non-coached" swimmers will be posted along with team warm-up times. There will be a bench designated for "non-coached" swimmers alongside the pool.</p> <p><i>"Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement."</i></p>
<p><b>AWARDS</b></p>	<p>Individual Events: 1<sup>st</sup> through 3<sup>rd</sup> Rosettes, 4<sup>th</sup> through 16<sup>th</sup> Ribbons</p> <p>Relay Event: 1<sup>st</sup> through 3<sup>rd</sup> Ribbons</p> <p>All awards must be picked up at the meet. No awards will be mailed.</p>
<p><b>PROGRAMS &amp; ADMISSION</b></p>	<p>Admission and program- \$5.00</p> <p>Admission only \$3.00</p>
<p><b>RESULTS</b></p>	<p>Results will be posted on the Middle Atlantic website <a href="http://www.maswim.org">www.maswim.org</a>.</p> <p>Results will not be mailed to clubs, but will be transmitted by e-mail to any club that provides their entries via e-mail.</p>
<p><b>DIRECTIONS TO POOL</b></p>	<p>From North: PA turnpike to Exit 312/Downingtown, Rte. 100 S. to Rte. 202 S. Continue on 202 S. past High St. exit – Turn right onto Pleasant Grove Rd., which is the 1<sup>st</sup> right after Stetson Middle School (large Presbyterian Church on corner beyond turn) – Turn right at stop sign onto New St. – Follow 1.5 mile past University Farrell Stadium – Turn right into athletic building parking lot – Proceed to back of lot to glass enclosed Natatorium entrance at left rear corner of building.</p> <p>From South: Rte. 202 N. – Turn left onto Rte. 926 – Take 1<sup>st</sup> right on S. New St. – Pass Farrell Stadium – Turn right into athletic building parking lot – Natatorium in rear.</p>
<p><b>ACCOMODATIONS</b></p>	<p>Holiday Inn West Chester: 943 S. High St., West Chester, 19382 Phone: 610-692-1900</p> <p>Microtel Inn &amp; Suites: 500 Willow Brook Lane, West Chester, 19382 (off Route 202 at the Matlack St. exit -Kelly's Sports &amp; Federal Express on corners). Phone: 610-738-9111</p> <p>Comfort Inn Brandywine Valley: 1310 Wilmington Pike/Route 202, West Chester, PA, 19382 just past Dilworthtown Rd. Phone: 610-399-4600</p>

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### ORDER OF EVENTS

FEBRUARY 11<sup>TH</sup>, 2012

<b>Girls Event #</b>	<b>Event Description</b>	<b>Boys Event #</b>
1	8 & Under 100 Free	2
3	5 & Under 25 Free	4
5	6 Year Old 25 Free	6
7	7 & 8 Year Old 25 Free	8
9	8 & Under 50 Free	10
11	8 & Under 100 Fly	12
13	6 & Under 25 Fly	14
15	7 & 8 Year Old 25 Fly	16
17	8 & Under 50 Fly	18
19	8 & Under 100 Back	20
21	5 & Under 25 Back	22
23	6 Year Old 25 Back	24
25	7 & 8 Year Old 25 Back	26
27	8 & Under 50 Back	28
29	8 & Under 100 Breast	30
31	6 & Under 25 Breast	32
33	7 & 8 Year Old 25 Breast	34
35	8 & Under 50 Breast	36
37	7 & Under 100 IM	38
39	8 Year Old 200 IM	40
41	Crescendo Relay (Any combination of boys and/or girls – (2) 6&U and (2) 7 and/or 8 year olds)	41

**GOLDEN RAM AQUATICS  
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MEET ENTRY FORM**

**\*\*\*\*\* This form, properly completed, must accompany all manual entries and fees! \*\*\*\*\*  
IN ADDITION, ALL ENTRIES MUST BE EMAILED TO grameetentries@gmail.com**

Team Name: \_\_\_\_\_  
 Head Coach: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_  
 Contact: \_\_\_\_\_  
 E-Mail: \_\_\_\_\_

Team Abbreviation: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_

**Entry Fees:**

Number of Female Swimmers		Number of Female Entries			
Number of Male Swimmers		Number of Male Entries			
Total Number of Swimmers		Total Number of Entries		X \$4 =	
(A) Total Individual Entry Fees=					

Number of Relays		X \$8 =		
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**Additional Fees for Manual Entries\*:** (\*As per Middle Atlantic rules, a \$15 per swimmer fee will be charged to all entries submitted *only* on paper rather than electronically. An additional \$25 per swimmer fee will be charged to any team submitting entries for 5 or more swimmers manually (for a total of \$40/swimmer.)) A summary of manual entries must also be emailed to the address below.

(If fewer than 5) Total Number of Swimmers		X\$15=	
(If 5 or greater) Total Number of Swimmers		X\$40=	
(B)Total Fee For Manual Entries=			

Total Fees (A)+(B) + (C)Included With Form= \_\_\_\_\_

**ENTRY DEADLINE IS THURSDAY, JANUARY 26<sup>TH</sup>, 2012 @ 6:00 PM.**

Make check payable to: **GRA PARENTS CLUB.** Mail entries to: Golden Ram Aquatics  
 c/o Chris McCormick  
 PO Box 548  
 West Chester PA 19380  
 610-637-5612 (cell)

**In addition, all entries MUST BE EMAILED to: grameetentries@gmail.com - Please include *the name of the meet* in the subject line and a *contact phone number* with your email!**

**I ATTEST THAT THE ENTERED ATHLETES ARE PROPERLY REGISTERED WITH USA SWIMMING AND THAT THEY HAVE ACHIEVED THE SEED TIMES RECORDED.**

\_\_\_\_\_  
 Signature of head coach or authorized team representative



